

Autumn Term 2017
SCHOOL



MENU

WEEK ONE

4th and 25th Sept, 16th Oct, 13th Nov, 4th Dec


 YOU CHOOSE

Meat Free Monday


-  Quorn Tikka Masala & Brown Rice
-  Baked Potato with Mixed Beans

DESSERT OF THE DAY

Sticky Toffee Pudding & Custard


 YOU CHOOSE

Homemade Sausage Roll

-  Vegetable Frittata

DESSERT OF THE DAY

Strawberry Yoghurt & Abbey Biscuit


 YOU CHOOSE

Roast Beef & Yorkshire Pudding


-  Mexican Beans & Rice

DESSERT OF THE DAY

Apricot Bar

 YOU CHOOSE

Sage & Onion Chicken Fingers

-  Vegetable Lasagne

DESSERT OF THE DAY

Pineapple Shortcake & Custard

 YOU CHOOSE

Battered Fish


-  Cheese Topped Veggie Burger in a Bun

DESSERT OF THE DAY

Chocolate Crispie and Orange Quarter

WEEK TWO

11th Sept, 2nd and 30th Oct, 20th Nov, 11th Dec

 YOU CHOOSE


Organic Pork Meatballs in

Tomato sauce with Noodles


-  Cheese, Leek & Potato Bake

DESSERT OF THE DAY

Arctic Roll & Peaches


 YOU CHOOSE

Cottage Pie

-  Sweet Lentil Curry & Rice

DESSERT OF THE DAY

Apple Cinnamon Crunch Crumble & Custard


 YOU CHOOSE

Roast Chicken, Stuffing & Gravy

-  Crumbed Topped Vegetable Bake

DESSERT OF THE DAY

Krispie Date Crunch


 YOU CHOOSE

Cheese & Tomato Pizza


-  Stuffed Courgette

DESSERT OF THE DAY

Chocolate Surprise Cake & Chocolate Sauce

 YOU CHOOSE

Breaded Salmon Fillet


-  Macaroni Cheese


DESSERT OF THE DAY

Swiss Bun

WEEK THREE

18th Sept, 9th Oct, 6th and 27th Nov, 18th Dec

 YOU CHOOSE


-  Roasted Vegetable Tomato Pasta Tuna Jacket

DESSERT OF THE DAY

Chocolate Semolina & Mandarins


 YOU CHOOSE

Minced Beef & Dumplings

-  Sweet Potato & Vegetable Bake

DESSERT OF THE DAY

Custard Cookie & Apple Wedge


 YOU CHOOSE

Chicken Korma & Savoury Rice

-  Two Bean Hot Pot

DESSERT OF THE DAY

Fruity Gingerbread & Custard


 YOU CHOOSE

Beef Tex Mex Bake

-  Spinach Spaghetti

DESSERT OF THE DAY

Autumn Marble Berry Sponge & Custard

 YOU CHOOSE

Fish Fingers

-  Cheese & Potato Quesadilla

DESSERT OF THE DAY

Apple Cake

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY