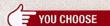
W ZZZZ ONE

4th and 25th Sept, 16th Oct, 13th Nov, 4th Dec

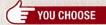


Meat Free Monday

Quorn Tikka Masala & Brown Rice
Baked Potato with Mixed Beans

DESSERT OF THE DAY

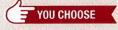
Sticky Toffee Pudding & Custard



Homemade Sausage Roll
Vegetable Frittata

DESSERT OF THE DAY

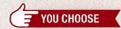
Strawberry Yoghurt & Abbey Biscuit



Roast Beef & Yorkshire Pudding Mexican Beans & Rice

DESSERT OF THE DAY

Apricot Bar

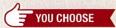


Sage & Onion Chicken Fingers

Vegetable Lasagne

DESSERT OF THE DAY

Pineapple Shortcake & Custard



Battered Fish
Cheese Topped Veggie
Burger in a Bun

DESSERT OF THE DAY

Chocolate Crispie and Orange Quarter

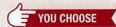
11th Sept, 2nd and 30th Oct, 20th Nov,11th Dec

YOU CHOOSE

Organic Pork Meatballs in Tomato sauce with Noodles Cheese, Leek & Potato Bake

DESSERT OF THE DAY

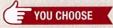
Arctic Roll & Peaches



Cottage Pie
Sweet Lentil Curry & Rice

DESSERT OF THE DAY

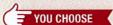
Apple Cinnamon Crunch Crumble & Custard



Roast Chicken, Stuffing & Gravy Crumbed Topped Vegetable Bake

DESSERT OF THE DAY

Krispie Date Crunch



Cheese & Tomato Pizza

Stuffed Courgette

DESSERT OF THE DAY

Chocolate Surprise Cake & Chocolate Sauce

YOU CHOOSE

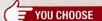
Breaded Salmon Fillet

Macaroni Cheese

DESSERT OF THE DAY

Swiss Bun

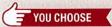
18th Sept, 9th Oct, 6th and 27th Nov, 18th Dec



Roasted Vegetable Tomato Pasta
Tuna Jacket

DESSERT OF THE DAY

Chocolate Semolina & Mandarins

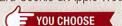


Minced Beef & Dumplings

Sweet Potato & Vegetable Bake

DESSERT OF THE DAY

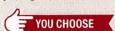
Custard Cookie & Apple Wedge



Chicken Korma & Savoury Rice
Two Bean Hot Pot

DESSERT OF THE DAY

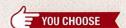
Fruity Gingerbread & Custard



Beef Tex Mex Bake Spinach Spaghetti

DESSERT OF THE DAY

Autumn Marble Berry Sponge & Custard



Fish Fingers
Cheese & Potato Quesadilla

DESSERT OF THE DAY

Apple Cake